

St. John Invitational Meet Info – Saturday, 3/26/22

Time: The meet begins at 10:00 but we want athletes there early. (See schedule section below.) There are 15 schools in the meet so it will last about 5 hours. It takes a little over 1 hour to get there.

Directions: The meet will take place at the University of Illinois Armory - Indoor Facility; 505 # Armory Ave, Champaign, IL. The parking lot to the south that we normally use is closed to us so we will need to find parking elsewhere.

Admission: Adults - \$5; Seniors - \$3; Students - \$2

Concessions: Will be provided through the University of Illinois Athletic Department

T-shirts: Shirts, Sweatshirts, etc. will be available to purchase at the meet and can be personalized on the spot.

Uniforms, food, etc.: Even though the meet is indoors, athletes should wear warm-ups and bring a bag to store personal items. They should wear a white shirt under the uniform top and black shorts. Spikes are allowed, but should be no more than $\frac{1}{8}$ inch. Usually only water is allowed on the track (athletes and coaches) or in the bleachers.

Schedule: The armory will open at 8:30 am. I would like all morning participants to check in with a coach by 9:00. If your son is only in running events or your daughter is only in field events, then you don't need to arrive until 11:30-12:00. Once an athlete is done for the day, they may leave, but only after checking out with a coach.

The schedule of events is as follows:

Boys Field Events

high jump (5th/6th, 7th/8th)

shot put (7th, 8th, 5th, 6th)

long jump (east pit is 5th, 7th, west pit is 6th, 8th)

triple jump (5th/6th, 7th/8th) follows the long jump at the east and west pits

Girls Running Events

55 m dash prelims – 5th, 6th, 7th, 8th (top 8 times to finals)

1600 meter run - varsity event (probably one race) / 55 m dash finals – 5th, 6th, 7th, 8th

400 m run - 5th, 6th, 7th, 8th

4 x 200 relay – 5th, 6th, 7th, 8th

800 m run – 5th, 6th, 7th, 8th

200 m dash - 5th, 6th, 7th, 8th

4 x 400 relay - varsity event only

Once the boys field events and the girls running events are done, the switch is made and the same order of events is followed for girls field and boys running. (This switch could happen around 12:00-12:30)

Trinity's Entries

Girls running events, begin at 10:00, in order

55 meter	5th - Kelly, Maddie	6th - Gabby, Kenzie M, Celia
	7th - Abby	8th - Bella C, Kenzie H
1600 meter	Varsity - none	
400 meter	5th - none	6th - Nora, Bella P, Abigail
	7th - Josie H	8th - Kyrach
4x200 relay	5th - none	6th - Abigail, Brooke, Kenzie, Gabby (alt - Nora)
	7th - none	8th - Milena, Abby, Emma, Bella C (alt - Josie H)
800 meters	5th - none	6th - Nora
	7th - Milena	8th - none
200 meters	5th - Kelly, Maddie	6th - Brooke, Bella P, Celia
	7th - none	8th - Bella C, Emma, Kyrach
4x400 relay	Varsity - none	

Girls field events (follow girls running events, begin at approx. 12:30)

High jump	5th/6th - Gabby	7th/8th - Bella C, Kyrach
Long jump	5th - none	6th - Bella P, Abigail
	7th - Abby	8th - none
Triple jump	5th/6th - Kelly	7th/8th - Milena, Josie H, Abby
Shot put	5th - Maddie	6th - Norah, Kenzie M, Celia
	7th - Mya	8th - Kenzie H, Emma

Boys field events (begin at 10:00)

High jump	5th/6th - none	7th/8th - none
Long jump	5th - none	6th - Grayson, Colton
	7th - Jacob, Justin	8th - none
Triple jump	5th/6th - Cole	7th/8th - Alex, Justin
Shot put	5th - Luke	6th - Mason, Connor, Liam
	7th - Jacob	8th -

Boys running events (take place after boys field and girls running, begin at approx. 12:30)

55 meters	5th - Peyton, Luke	6th - Mason, Grayson, Connor
	7th - Jacob	8th - Colin
1600 meters	Varsity - Aaden	
400 meters	5th - Peyton, Evan Z	6th - Colton
	7th - none	8th - Alex
4x200 relay	5th - none	6th - Evan Z, Liam, Colton, Grayson (alt - Peyton)
	7th - none	8th - Jacob, Justin, Alex, Colin (alt - Aaden)
800 meters	5th - none	6th - Liam
	7th - Aaden	8th - Colin
200 meters	5th - Evan Z	6th - Grayson
	7th - Justin	8th - Alex

4x400 relay Varsity - none